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**By the Numbers**



**[20 Facts About Jewish Circumcision Everyone Should Know](#)**

Circumcision on the eighth day of a baby boy's life has been part of Judaism since the dawn of our peoplehood. Learn 20 facts about this ritual that is so central to Jewish life.

By Menachem Posner

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**Your Questions**



## [Why Can Mere Humans “Bless” G-d?](#)

What exactly are we saying? I can understand blessing people, but does G-d, the Creator and Master of all, really need our blessing?

by Yehuda Shurpin

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## [What Is Schmaltz?](#)

In the parlance of American entertainment, which was built on the foundation of Yiddish theater, schmaltz came to refer to drippy, over-the-top dramatization.

[Read](#)



## [I'm Too Sensitive](#)

Be proud of your sensitive nature. It helps you be intuitive, empathic and kind.

By Rosally Saltsman

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**Video**



## [The Lubavitcher Rebbe on Evolution](#)

How the Lubavitcher Rebbe approached the perceived conflict between Torah and evolutionary science.

By Tali Loewenthal

[Watch](#) (25:18)



## [The Power of One](#)

"I multiplied Abraham's seed, and gave him Isaac." How is the birth of one son the fulfillment of G-d's promise to multiply Abraham's seed?

[Watch](#)



## [Access Your Infinite Potential](#)

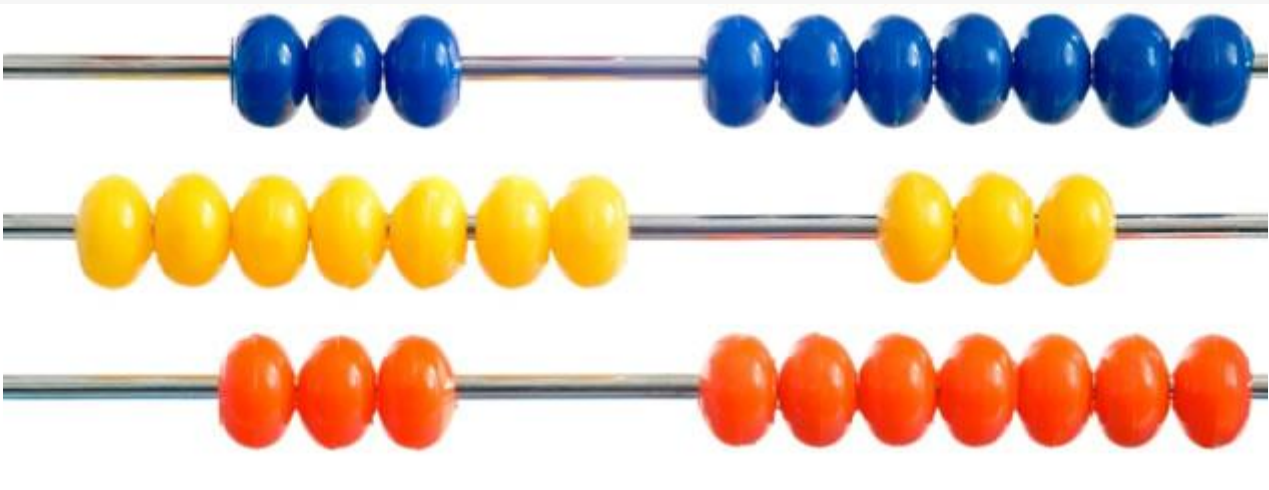
It can be intimidating and discouraging to hear others say that we have such great potential, when we know how far we fall short. When we think about our personal natural abilities, they may indeed be limited. By learning to tap into the potential G-d implanted in us, we can stretch and reach farther than we could ever imagine. Gain insights and tools to tap into the infinite.

By Aryeh Weinstein

[Watch](#) (10:22)

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**Parshah**



## [Do the \(Spiritual\) Math](#)

The journey of actualization is to break free of limitations.

By Hanna Perlberger

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## [The Quest for Self](#)

Unlike mice, maple trees and angels, who are content to be what and where they are, the human being is constantly "on the go", forever striving to get somewhere, preferably somewhere where no one has been before. The problem is, there's nowhere left to go

By Yanki Tauber

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**Women**



## [The Circle Maker: Creating a More Inclusive World](#)

Meet Bassie Shemtov, Founder of The Friendship Circle

By Miriam Karp

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## Jewish News



## [First Stop Is Mexico for Traveling Torah Dedicated to Long Island Emissaries' Son](#)

A young Chabad couple moving to San Miguel will take a venerable scroll with them

By Karen Schwartz

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## [Rebbetzin Chaya Zelda \(Clara\) Kramer, 89, a Gracious Bastion of Kindness](#)

She left her mark on generations of Jewish Montrealers

By Menachem Posner

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## [Rich in Jewish History, Malta Gets Its First Luxury Mikvah](#)

Community once used stone shelters just steps from the sea

By Yehuda Sugar

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## [Historic Fortress Unearthed at Helsinki Chabad Site](#)

A major, unexpected find, say Finland archeologists

By Yehuda Sugar

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**Story**



## [Hats In Kovno, Matches in Kiev](#)

the factory burned down and I was left with no income. My poor wife lay ill in bed, too weak to go out. When there was not a coin left in the house, we decided to return to my father in Dvinsk.

By Asharon Baltazar

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## Lifestyle



## [Sumac Spiced Chickpeas](#)

By Miriam Szokovski

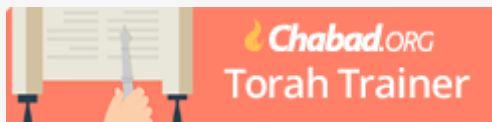
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## [Praying at Rachel's Tomb](#)

By Moshe Braun

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